

The Zoom waiting room will open approximately 10 minutes prior to the start of Session 1 each day. We suggest that you log in early so that the session may start on time.

Additionally, we encourage you to block time in your calendar before and after each live session so that you may arrive grounded and depart with time to reflect.

	PT	MT	CT	ET
Daily Schedule				
Session 1 <i>Mon: Opening</i> <i>Tues: Vision</i> <i>Weds: Partnership</i> <i>Thurs: Resilience</i> <i>Fri: Partnership (cont.)</i>	8-10am	9-11am	10am-12pm	11am-1pm
Long Break & Trainer Office Hours*	Mon, Tues, Thurs, Fri			
	10-11:15am	11am-12:15pm	12-1:15pm	1-2:15pm
	Weds			
	10-11am	11am-12pm	12-1pm	1-2pm
Session 2 <i>Mon: Purpose</i> <i>Tues: Vision (cont.)</i> <i>Thurs: Resilience (cont.)</i> <i>Fri: Leading Forward</i>	Mon, Tues, Thurs, Fri			
	11:15-1:30pm	12:15-2:30pm	1:15-3:30pm	2:15-4:30pm
	Weds			
<i>Weds: Performance</i>	11am-1:30pm	12-2:30pm	1-3:30pm	2-4:30pm
End of Day	1:30pm	2:30pm	3:30pm	4:30pm

*Trainers will be available at either the start of each long break or end of each training session for 20 minutes for participants to ask any questions they may have.