

The Zoom meeting room will open approximately 10 minutes prior to the start of Session 1 each day. We suggest that you log in early so that the session may start on time.

Additionally, we encourage you to block time in your calendar before and after each live session so that you may arrive grounded and depart with time to reflect.

	PT	MT	CT	ET
Daily Schedule				
Session 1 <i>Mon: Opening</i> <i>Tues: Vision</i> <i>Weds: Partnership</i> <i>Thurs: Resilience</i> <i>Fri: Partnership (cont.)</i>	7-9am	8-10am	9-11am	10am -12pm
Long Break & Trainer Office Hours*	9-10:15am	10-11:15am	11am-12:15pm	12-1:15pm
	9-10am	10-11am	11am-12pm	12-1pm
Session 2 <i>Mon: Purpose</i> <i>Tues: Vision (cont.)</i> <i>Thurs: Resilience (cont.)</i> <i>Fri: Leading Forward</i>	10:15am-12:30pm	11:15-1:30pm	12:15-2:30pm	1:15-3:30pm
<i>Weds: Performance</i>	10am-12:30pm	11-1:30pm	12-2:30pm	1-3:30pm
End of Day	12:30pm	1:30pm	2:30pm	3:30pm

*Trainers will be available at the start of each long break for 15 minutes for participants to ask any questions they may have.