

The Zoom meeting room will open approximately 10 minutes prior to the start of Session 1 each day. We suggest that you log in early so that the session may start on time.

Additionally, we encourage you to block time in your calendar before and after each live session so that you may arrive grounded and depart with time to reflect.

	PT	MT	CT	ET
Daily Schedule				
Session 1 <i>Mon: Opening</i> <i>Tues: Vision</i> <i>Weds: Partnership</i> <i>Thurs: Resilience</i> <i>Fri: Partnership (cont.)</i>	10am-12pm	11am-1pm	12-2pm	1-3pm
Long Break & Trainer Office Hours*	Mon, Tues, Thurs, Fri			
	12-1:15pm	1-2:15pm	2-3:15pm	3-4:15pm
	Weds			
	12-1pm	1-2pm	2-3pm	3-4pm
Session 2 <i>Mon: Purpose</i> <i>Tues: Vision (cont.)</i> <i>Thurs: Resilience (cont.)</i> <i>Fri: Leading Forward</i>	Mon, Tues, Thurs, Fri			
	1:15-3:30pm	2:15-4:30pm	3:15-5:30pm	4:15-6:30pm
<i>Weds: Performance</i>	Weds			
	1-3:30pm	2-4:30pm	3-5:30pm	4-6:30pm
End of Day	3:30pm	4:30pm	5:30pm	6:30pm

*Trainers will be available at either the start of each long break or end of each training session for 20 minutes for participants to ask any questions they may have.