

Let's Be Safe About It! Rockwood's COVID-19 Safety Protocols

Date updated: March 14, 2023

Rockwood Leadership Institute is dedicated to the safety and wellbeing of our community and collective. Below are the measures we're putting in place to nurture everyone's safety during this global pandemic. These guidelines pertain to all Rockwood trainings and events held in-person. Sites may have their own COVID safety procedures in addition to this list. We will continue to evaluate our safety practices to reflect up-to-date guidance from the CDC as well as local agencies and re-evaluate our policies accordingly. The below policies are subject to change.

What we're doing to "be safe about it" for all in-person Rockwood events:

- Requiring all attendees (participants, trainers, and staff) to be fully vaccinated in order to attend, and recommending that everyone stay up to date with their vaccines based on [CDC guidelines](#) (reasonable accommodation will be made for those who are unable to obtain a vaccination for medical reasons; please speak with your Rockwood Program Manager for additional information).
- Recommending that people who have access to PCR tests take one before they leave home.
- Requiring all attendees to take [rapid tests](#) before entering the training room and every day on site, provided by Rockwood.
- Requiring any attendee who tests positive during an event to not attend the rest of the event.
- Requiring all attendees to wear [properly fitted masks](#) (KN94 or 95, N94 or 95 required) for indoor portions of events, regardless of vaccination status, except when eating or drinking.
- For residential trainings, providing every participant with their own room.
- Making every effort to arrange spaces to make recommended physical distancing possible, and to ensure the best possible ventilation options (outdoors, open windows, open doors, etc.).
- If we learn that there was exposure to COVID-19 during a Rockwood event, we'll notify you and local public health agencies.
- Whenever possible, choosing event sites that agree to "be safe about it" and follow our guidelines listed above.

What we expect from you:

- You're fully vaccinated and, ideally, up to date on boosters, or have received a medical accommodation.
- You'll take a rapid test every day before the training.
- You'll wear a mask (KN94 or 95, N94 or 95 required) that is properly fitted.
- You'll practice regular hand hygiene. Hand sanitizer will be available.
- You'll plan to arrive early to allow proper time to check-in.
- You'll do your best to keep at least six (6) feet of distance between yourself and others (or ask for consent).
- You won't attend if any of the following apply: you currently have a fever or are feeling sick; you've had, in the past 48 hours, any [symptoms of COVID-19](#); you've had close contact with a person who has confirmed COVID-19 in the past 14 days; you've tested positive for COVID-19 in the past 14 days.
- If you test positive at any point during the event, you will immediately notify a Rockwood staff member on site, quarantine, and no longer participate in the remainder of the in-person session. Note: participants assume financial responsibility should you seek to stay beyond the scheduled dates.
- You'll agree to each statement in the Risk Acknowledgement and Liability Waiver which outlines all the above.

Cancellation

Any Rockwood event may be rescheduled, canceled, or moved to online if public health guidelines change, if the event site has an outbreak of COVID-19, or if Rockwood otherwise assesses a high level of risk.

Please contact your Rockwood Program Manager with any questions.



PURPOSE



RESILIENCE



VISION



PERSONAL ECOLOGY



PARTNERSHIP



PERFORMANCE