ROCKWOOD'S VISION & OFFERINGS DURING A MASSIVE RESET

ART OF NAVIGATING CHANGE

New program offering leaders with concrete skills and practices to exercise leadership through changing realities and complexities.

June 2020

VIRTUAL ART OF LEADERSHIP

Our flagship personal transformation program as an experiential distanced learning experience offering tangible tools, personal ecology practices, and coaching.

June 2020

ORGANIZATIONAL RESILIENCE & TRAUMA-INFORMED MINDFULNESS WORKSHOPS

To support organizations moving through collective trauma and strengthen their internal resilience.

May 2020

TRANSFORMATION, SUSTAINABILITY, & LIBERATION FOR ALL

BLACK LEADERS MATTER

Tuition-free offerings for Black grassroots leaders to tap into their full brilliance and power.

THE RIPPLE EFFECT: TRAINING FOR PERSONAL & COMMUNITY TRANSFORMATION

Facilitation training for leaders to bring Rockwood's tools and practices to their own organizations and communities.

Upon request

INDIVIDUAL COACHING

Unique opportunity to receive specialized coaching with Rockwood trainers, alum, and other movement leaders.

Upon request

WISE COUNCIL TRAININGS

Collaborative space for leaders to find solutions together.

Upon request

Rockwood Leadership Institute